

SUMMER TERM 2019 MENU

Week Beginning 1st July 2019

BREAKFAST

(These menus are subject to change without notice)

SELECTION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
CEREALS	Mini Shredded Wheat® Frosties® Corn Flakes® Weetabix® Bran Flakes® Coco Pops® Rice Krispies® Home Made Porridge	Mini Shredded Wheat® Frosties® Corn Flakes® Weetabix® Bran Flakes® Coco Pops® Rice Krispies® Home Made Porridge	Mini Shredded Wheat® Frosties® Corn Flakes® Weetabix® Bran Flakes® Coco Pops® Rice Krispies® Home Made Porridge	Mini Shredded Wheat® Frosties® Corn Flakes® Weetabix® Bran Flakes® Coco Pops® Rice Krispies® Home Made Porridge			
HOT ITEMS	Butcher's Pork Sausage Heinz Baked Beans® Grilled Tomatoes Scrambled Eggs Boiled Eggs Halal Chicken Sausages Quorn™ Sausages	Grilled Back Bacon Heinz Baked Beans® Grilled Tomatoes Fried Eggs Boiled Eggs Halal Chicken Sausages Quorn™ Sausages	Butcher's Pork Sausage Heinz Baked Beans® Grilled Tomatoes Eggy Bread Boiled Eggs Halal Chicken Sausages Quorn™ Sausages	Grilled Back Bacon or Heinz Baked Beans® Grilled Tomatoes Scrambled Eggs Boiled Eggs Halal Chicken Sausages Quorn™ Sausages			
FRUIT JUICES	Selection of two fruit juices daily	Selection of two fruit juices daily	Selection of two fruit juices daily	Selection of two fruit juices daily			
BREADS	Selection of Danish pastries Bread for toast	Selection of Danish pastries Bread for toast	Selection of Danish pastries Bread for toast	Selection of Danish pastries Bread for toast			
FRESH FRUIT	Selection of whole and cut fruit daily	Selection of whole and cut fruit daily	Selection of whole and cut fruit daily	Selection of whole and cut fruit daily			

Tea, Coffee, Hot Chocolate, Herbal Tea Selection, Hot Milk, Semi-Skimmed Milk available daily. Soy Milk available on request. Skimmed Milk available on request.

Selection of spreads and preserves.

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LUNCH (Please note these menus are subject to change without notice)

SELECTION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SOUP	Chef's choice Soup of the Day (selection of bread)	Chef's choice Soup of the Day (selection of bread)	Chef's choice Soup of the Day (selection of bread)				
TRADITIONAL MAIN	Baked Chicken Beast Souvlaki Tzatziki Sauce	Masamon Beef & Potato Curry Prawn Crackers	Honey Roasted Gammon or leg of chicken with Yorkshire Pudding & Gravy	WHOLE SCHOOL BBQ			
VEGETARIAN	Vegetable Risotto Topped With Cheese	Green Thai Vegetable Curry	Spanish Omelette				
VEGETABLES	Sweetcorn & Peas Shredded Lettuce	Stir-fried Vegetables	Savoy Cabbage				
CARBOHYDRATE	Warmed Flat Bread New Potatoes	Steamed Coconut Rice	Roasted Potatoes				
PASTA BAR	Tomato Sauce Cheese & Chorizo	Carbonara Sauce Pesto Sauce	Sausage and Tomato Or Tomato & Basil				
JACKET POTATO BAR	Heinz® Baked Beans Tuna Mayonnaise	Heinz® Baked Beans Greek Style Salad	Heinz® Baked Beans Grated Mature Cheddar Cheese				
SALAD BAR & PROTEIN BAR	Choose Your Own Salads Tuna Mayonnaise	Choose Your Own Salads Greek Style Salad	Choose Your Own Salads Grated Mature Cheddar Cheese				
DESSERTS	Cornflake Cake	Baked Waffles Chocolate Sauce	Bread & Butter Pudding & Custard				
FRESH FRUIT	Selection of whole and cut fruit daily	Selection of whole and cut fruit daily	Selection of whole and cut fruit daily				
HALAL OPTION	Chicken	Beef Option	Chicken				
EXTRAS	Salad Dressings and Sauces	Salad Dressings and Sauces	Salad Dressings and Sauces				

SUMMER TERM 2019 MENU

WEEK COMMENCING 1st July 2019

SUPPER

(Please note these menus are subject to change without notice)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SOUP	Chef's choice Soup of the Day (selection of bread)	Chef's choice Soup of the Day (selection of bread)	Chef's choice Soup of the Day (selection of bread)				
TRADITIONAL MAIN	Miso Marinated Salmon Fillet on stir-fried Bok Choi	Southern Fried Chicken BBQ Ribs & Chicken Wings	Grilled Beef Steak or Cajun pork Steak Pepper Sauce				
VEGETARIAN	Vegetable Curry with Naan Bread	Mini Bagel Margherita Pizza Topping	Gnocchi Bake topped with Mozzarella				
VEGETABLES	Sesame Green Beans	Corn on the Cobs	Tossed Salad				
CARBOHYDRATE	Jasmine Rice	Roasted New Potatoes	Spicy Wedges				
PASTA BAR	Tomato and Basil Sauce	Jacket Potato Heinz® Baked Beans	Bolognaise				
SALAD BAR & PROTEIN BAR	Choose Your Own Salads Seafood Salad	Choose Your Own Salads Mezze Platter	Choose Your Own Salads Salami with feta & olives				
DESSERT	Chocolate Brownie	Yum-Yums	Ice-Cream				
FRESH FRUIT	Selection of whole and cut fruit daily	Selection of whole and cut fruit daily	Selection of whole and cut fruit daily				
HALAL OPTION	Salmon	Chicken	Beef Steak				
EXTRAS	Salad Dressings and Sauces	Salad Dressings and Sauces	Salad Dressings and Sauces				