

ROYAL RUSSELL SCHOOL
GIRLS ATHLETIC RECORDS 1961-2008

<u>EVENT</u>	<u>SENIOR</u>	<u>INTERMEDIATE</u>	<u>JUNIOR</u>
100m.	13.4secs <u>J.Main</u> 1966	15.0secs <u>C.Jones</u> (Hollenden) 2008	13.7secs <u>E.Green</u> (Buchanan) 1998
200m.	28.0secs <u>P.Treter</u> 1963	29.7secs <u>B.Tavali</u> (Hollenden) 2008	28.8secs <u>C.Langmar</u> (Reade) 1987
400m.	68.2secs <u>S.Rao</u> (South) 1983		
800m.	02m46.0secs <u>L.Kastoryano</u> (Reade) 2006	03m13.9secs <u>H.Foss</u> (Queen's) 2008	02m37.9secs <u>L.Kastoryano</u> (Reade) 2005
1500m.	05m54.9secs <u>L.Kastoryano</u> (Reade) 2006	06m38.1secs <u>H.Foss</u> (Queen's) 2008	05m29.1secs <u>L.Kastoryano</u> (Reade) 2005
RELAY	56.6secs <u>Cambridge</u> -	62.3secs <u>Hollenden</u> 2008	58.4secs <u>Reade</u> 2004
HIGH JUMP	01.56m <u>I.Onyekwe</u> (Queen's) 2001	01.20m <u>K.Millward</u> (Hollenden) 2008	01.50m <u>C.McKinnon</u> (Reade) 1988
LONG JUMP	04.87m <u>J.Main</u> (-) 1967	03.97m <u>C.Jones</u> (Hollenden) 2008	04.52m <u>S.Hall</u> (North) 1986
DISCUS	25.40m <u>I.Onyekwe</u> (Queen's) 2001	23.07m <u>B.Tavali</u> (Hollenden) 2008	23.32m <u>I.Onyekwe</u> (Queen's) 1998
JAVELIN	28.20m <u>E.Jones</u> (Buchanan) 2000	16.08m <u>B.Tavali</u> (Hollenden) 2008	21.50m <u>E.Jones</u> (Buchanan) 1996
SHOT	10.97m <u>I.Onyekwe</u> (Queen's) 2000	07.41m <u>J. Harris</u> (Reade) 2008	09.35m <u>I.Onyekwe</u> (Queen's) 1998