



Code of Conduct for Sport

This is a charter by which all the elements of our community work together to provide the best educational experience possible. Our Code of Conduct includes students, parents and staff.

Sport Lessons, House Sport, Clubs and Fixtures

Students are expected to:

- Arrive on time, both to the lesson (within 5 minutes) and to the activity area.
- Line up quickly and quietly into their relevant teaching groups.
- Wait until they are instructed to enter changing rooms by their class teacher.
- Raise any individual concerns at this time that can then be dealt with by the member of staff.
- Be monitored by staff around the changing room area, before moving to their relevant activity area. This will include a registration.
- Prepare wearing the correct kit for the activity.
- Work hard and in a positive manner.
- Respect their peers, the equipment, the environment and themselves.
- Change promptly and leave in good time for their next lesson.
- Be aware of the extensive list of events organised over the course of the year.
- Represent their house/school in an activity, it is expected that the student will do so with pride.

During school fixtures students will be expected to:

- Play by the laws of the game
- Not argue with officials
- Work hard, to their standard of performance
- Look smart and be proud to play

After home fixtures students will be expected to:

- Change back into tracksuits
- Graciously host their opposition.



PARENTS CHARTER

The following has been written after reviewing similar documents from a number of governing bodies including the Football Association, England Netball and England Hockey.

- We all have a responsibility to promote the highest standards of behaviour in games.
- Competition is about winning and losing, so results must always be accepted as part of learning, whatever the outcome.
- Losing can be turned into winning by helping students work towards skill improvement by encouraging them to go to training and developing good sportsmanship.
- Students often learn best by example, so recognise and applaud good play and effort from both sets of players.
- Encourage the student to play within the rules and always respect match officials' decisions.
- Let the coach do their job and do not confuse the students by telling them what to do.
- Please do not criticise a player for making a mistake. Mistakes are a part of learning. Never engage in, or tolerate, offensive, insulting or abusive language or behaviour.
- Thank those involved in the organisation and running of the game/activity for their time and effort.
- Stay off the pitch and if there is a 'Designated Spectator Area', use it and encourage others to do so.
- Promote good communication through regular and frequent use of www.royalrussellsport.co.uk, and encourage the students to do the same.

JEWELLERY

- **All jewellery including watches must be removed for lessons, clubs and fixtures (including house sport).**
- In line with advice from sports governing bodies, the wearing of jewellery including earrings and ear-studs (metal or plastic) is not permitted on safety grounds during Physical Education lessons and other sporting activities, such as out of hours school learning or competitive fixtures. This includes body piercings such as tongue studs or belly button jewellery. These items represent a potential hazard not only to the wearer but also to other children. The use of tape to cover the piercing is also unacceptable.
- Medical advice confirms that any jewellery worn in physical education lessons is an unnecessary risk and should be avoided at all times. Serious accidents have occurred as a result of contact between students wearing earrings or studs and other students or equipment, thus damaging the ear, or where items of jewellery have caught in apparatus and torn the ear lobe for example.
- The PE Dept. strongly advises that should a child wish to have their ears pierced, then they should wait until the summer holidays so that those items can then be left in place. Should the student choose to have a piercing at any other time of year then they will remove the item for the duration of the lesson and its re-insertion may be uncomfortable.



VALUABLES

- It is the responsibility of each student to ensure that they store their valuables in a secure way.
- Students are encouraged to lock their items of value in their personal lockers and not bring them to lessons. Changing rooms are **NOT** locked during lessons and co-curricular clubs. The number of activities, the multiple locations and their various start and finish times, mean that there is considerable traffic in and out of these areas after school. Therefore, it is impractical to lock the changing rooms. Items can sometimes be placed into the PE office itself, but the responsibility for their valuables ultimately lies with the students themselves.
- For students involved in **co-curricular sport**, they will need to consider the safety of their personal items. If their personal locker is available, this could be their first choice for storage. It is however, the responsibility of the students to collect their belongings at the end of session, or students could simply take their belongings to the area where the club is taking place.
- Any unclaimed items are kept until the end of term when along with other unclaimed items in the school lost property, they will be donated to charitable causes.

STUDENTS OFF PE/GAMES

Illness, injury and the monthly menstrual cycle.

- If a student is unable to participate in a lesson, the parents / guardians must email the Head of Sport (Medical Centre if boarding), explaining the nature of the illness or injury. A medical certificate (stating the illness/injury and the duration of the exemption of games) is required if they are unable to participate for a period longer than two lessons.
- All 'off games' information will be logged in the appropriate register.
- **In all cases, students "off games" should still bring their kit** and get changed in readiness for taking as full a part in the lesson, as they will be offered rehabilitation with the sport science team.
- If a student does not have kit for the lesson, it will be provided from that held within the department, where possible. They should understand that no kit **does NOT** mean non-participation. If a student consistently brings incorrect kit, after an initial warning, they then receive a detention, after that parents / guardians will be contacted asking for assistance in ensuring that the student obtains the correct kit as soon as possible and the student will receive a further sanction such as an after school detention, in line with school policy.
- If a student attends a lesson and informs a member of staff that they are injured/ill and do not have a note/email from home, staff will presume the student has failed to bring their kit and will follow the procedures stated.
- Some students are involved in activities that remove them for only part of the lesson, such as additional music lessons. If possible, they should take part for the time they are present and not sit out.



- With specific regard to the menstrual cycle, the student will be expected to switch activities if necessary, from swimming to whatever the other group is doing. It is the responsibility of the student to ensure that they have appropriate kit for any change in activity and that relevant staff are informed.
- With regard to **swimming**, all students who are healthy enough to attend school are expected to participate in their swimming lesson. If a student is suffering from an illness, cough, cold or infection that is severe enough to prevent them from swimming, they should be kept away from school for their own well-being and to avoid the spread of infection. We understand there are certain occasional, medical circumstances when students who are otherwise healthy may not be able to swim. In these circumstances, we ask for notification in advance of the swimming session verified by a doctor to enable us to make alternative arrangements for the care of your child while their class are at swimming.

STUDENTS OFF PE/GAMES

Lost and incorrect kit.

- Full uniform lists including Royal Russell School PE kit are available to view on the school's Parent Portal.
- The uniform supplier is Hewitts of Croydon.
- Correct kit, appropriate for the activity, should be worn for all lessons. All items should be clearly marked with the owner's name.
- For certain activities e.g. hockey, it is vital that the student has the correct protective equipment such as **shin-pads and mouthguards**. Failure to bring these personal items will be dealt with as an instance of incorrect kit and the student can expect to take part in modified activity for the duration of the lesson, as well as potentially receiving a sanction.

SPORT SCHOLARS

- Scholars at the school are role models to all other students in the way they conduct themselves, both in sport and around school.
- It is an expectation that a scholar makes constructive use of their sport skills and contributes actively to the School.
- A scholar should always take an active role in fixtures, training and House sport and these will take priority over all external activities, except in the event of a clash through selection for representative teams at county level or above that is agreed by the relevant Head of Sport at least a week in advance.
- As part of the scholarship programme the Director of Sport will undertake an annual review with Heads of "sport" during the second half of the Spring Term 2019. This review will consider all aspects of a students' commitment to training, fixtures, House sport, level of performance / fitness and any higher-level representation outside school. The outcome of this review will inform our decision as to whether or not the scholarship will continue to be awarded and for what duration.

21 September 2018